

Look  
What's New

## Seicho-No-Ie 26th International SPIRITUAL TRAINING SEMINAR



25th ISTS, Denver, Colorado  
Moraima Sutphin, Los Angeles, CA

**Riverdale, New York October 11-14, 2001**  
Renew your spiritual joy by coming to the 26th ISTS  
at the Passionist Spiritual Center in Riverdale,  
NY. Be revitalized and refreshed by activities  
and fellowship with other trainees. In nature's  
beauty, let your mind, body and soul feel  
God's presence.  
Register now!

To register or for more information, please call your local  
center or the International Spiritual Training Center NY Office.  
(Seminar fee: \$210.00, Includes 9 meals, single room lodging)  
247 East 53rd Street, New York, NY 10022 (212) 371-4630

**Web Site: [www.sniists.org](http://www.sniists.org)**

## SEICHO-NO-IE International Spiritual Training Center Newsletter



Humanity Enlightenment and International peace by Faith Movement

September 2001 Issue

Fantastic Seminar in Denver, Colorado!



Twenty-Eight first timers at 25th ISTS (not all present for this photo.)

The 25th International Spiritual Training Seminar at Denver University in Denver, Colorado was a resounding success. There were 43 participants with 28 newcomers! (First-timers) They came from Connecticut, New York, Florida, Brazil, Washington, California, British Columbia, Hawaii, Ontario and of course, Colorado. The lecture hall was filled with sounds of gratitude as the trainees listened and learned about the teachings of SNI and participated in the ceremonies of Mind Purification, Ancestral Memorial, Shinsokan for Mutual Prayers and Candlelight. Up at 6 a.m. and in bed usually around 11 p.m., the trainees were immersed in the wonderful Truth – Man is a Child of God, perfect and

harmonious. For this 25th ISTS the leaders who expounded upon this Truth were Rev. Hiei Ando, Rev. Leslie Iwatani, Rev. Bruce Mallery, and Rev. Hideharu Sugiuchi. It was wonderful to see the trainees, ranging in age from 18 years to 75 years young and from various cultural backgrounds join in camaraderie and realize that they all had much in common, especially coming together at ISTS.

It was also wonderful to see the intensity with which the young people were listening to the lecturers speaking on the Law of the Mind and the perfection of man as a child of God and the law of give and you shall receive.

*(continued on page 4.)*



Dear Brothers and Sisters,

It is unbelievable what has happened in New York and Washington! Because I had been discharged from the hospital on September 8, I was recuperating at home. On the morning of September 11th, I received a phone call from relatives in Japan informing me about this incident. Until then, I hadn't realized what had taken place. Turning on the TV, I saw the twin towers of the World Trade Center collapse. It was like watching a science-fiction movie and thinking that it would soon be over. This was not to be! As I continued to watch the devastation, I began to think about the time I visited this building with Rev. Yoshiko Teshigawara on her visit to New York. I was reminded about the beauty of the structure and the observatory floor we visited. What a beautiful place it was to take pictures! Then I thought of those people in the building now and just how many lives were lost with some even falling from the highest floors. I couldn't believe what was happening.

Many people have voiced their opinions that terrorism is an evil act and for me it was just as difficult to see the child of God in the people who would do such acts. For awhile, I was numb watching this horrific scene taking place. However, gradually, the Seicho-No-le teachings started to come into focus. I realized that now is the time when we have to separate God's world (True Image world) and the phenomenal world. Phenomenally, these acts are not acceptable and definitely wrong. Phenomenally, these acts have to be corrected and legally taken care of.

Unfortunately, these things happen because many people on earth still do not know the Truth that we are all children of God. What can we do? We know that the law of the mind teaches us "hate will produce more hate." As members of SNI, if we have time to worry, and become sad, it is best to pray for world peace, read the Holy Sutra, meditate, and use this opportunity as a stepping stone to enlighten ourselves. As Dr. Masaharu Taniguchi taught – "the only way to the Truth is to know that we are all children of God," and as Rev. Seicho Taniguchi, President of SNI, reminds us – "as light erases darkness," we should, especially at this time of darkness, brighten our minds more than before. It is important now to concentrate more on positive thinking. The SNI Humanity Enlightenment Movement / International Peace by Faith Movement is here, not because the world situation is full of darkness or there seems to be a great deal of fighting, but, because everyone is a child of God and God's world is perfect and harmonious. Let us move forward and share these wonderful teachings with as many people as possible. Let yourself burn ever so brightly as a beacon to spread the teachings. Join the many who have brightened their lives by attending ISTS (International Spiritual Training Seminar).

I hope to see many of you at the Passionist Spiritual Center in Riverdale, New York for the 26th ISTS on October 11 – 14, 2001 and at other upcoming ISTS.

With Love and a BIG smile,

Hiei Ando  
Ordained Minister



Visiting Denver and saying Hi! to Buffalo Bill. I to r: Nana Ishii, Buffalo Bill and Rev. Hiei Ando.

(continued from page 3) if I hadn't gone to his office. Since finding Seicho-No-le I have been able to cope with my multitude of medical conditions in a positive way. My mom has found and accepted Seicho-No-le in her life and now we are at peace with each other instead of fighting and "butting heads".

Thank you very much to everyone I met at ISTS in Denver and especially to those in Colorado who hosted ISTS. Thank you very much!

With Love and Gratitude,  
*Karen Tomisato Kanda*

26th ISTS October 11-14 - Riverdale, NY

**Register Today!**

(continued from page 5) I was so amazed with this result.

I have been to three small local seminars but ISTS gave me a finer tune up and more motivation. This reminds me of one of my favorite affirmations: "I am a Child of God. Every day, in every way, I am getting better and better." ISTS also gave me a deeper understanding and meaning of Shinsokan. I was very calm and listened, full of spirit and heart. I was really intense in grasping everything so I don't think I missed anything. I really enjoyed meeting all the seminar trainees, staff and lecturers and enjoyed the sharing of Seicho-No-le experiences. I felt as close to people as to God or Jisso. I am so grateful to Dr. Taniguchi, for his teachings are simple and have practical ways of bringing health, prosperity, and harmony, as well as world peace.

After ISTS, I spent four days with my close cousin in Denver. She was so amazed to see me full of energy, yet being very calm and patient. I explained to her about my experience in SNI and ISTS and I gave her the Holy Sutra and a couple of Truth of Life magazines. When I got home, my family was so nice to me. I made my own resolution to memorize the entire basic Shinsokan meditation. Rev Ando reminded me that it was very easy to memorize and should be a smooth and enjoyable process. I keep reading Seicho-No-le books with my highlighter and I read the Holy Sutra every day. I am getting better and better. Thank you very much. Thank you very much for your patience with me and I enjoyed ISTS very much. I am looking forward to the next seminar.



Renan and Ildiko Carvalho

I was introduced to SNI in 2000 when I was married to my husband who was raised as a SNI child in Brazil. He amazed me with his attitude of calmness, peace, and gratitude. He showed me what I had been looking for all my life.

My husband shared his experiences with me after attending some other ISTS and I often wondered what it would be like to attend one myself. There were some financial difficulties we had to overcome but we decided to go to Denver. It was the best decision we ever made!

After the first night's introduction was over, I began to lose my doubts and became grateful for the experience. The people were so warm and friendly that I lost my fears.

I came to understand the importance of Shinsokan. All the ceremonies – Mind Purification, Ancestor Memorial, Candlelight, and Shinsokan for Mutual Prayer – are indescribable! I forgot my problems. I wasn't worried about anything. I just felt the peace, the love, the kindness and the gratitude in the room and in my heart. I felt the honesty flowing from everybody – the caring about each other not just on the surface but truly deep in the heart. I could now talk in public and not fear it. I learned not to say, "No," if some-

thing seemed difficult and I also memorized a secret sentence: "I can do it!"

The easiest way to explain what happened to me is just to imagine an empty battery. The seminar is the charger and in the end I was a charged battery ready to work and ready to serve others! A Great Feeling!!!! Thank you very much!

I believe what happened just recently is the result of the power and



Light exercise

prayers of the seminar. I mentioned "financial difficulties" before. However, they are no more. We found a much better apartment and we were able to buy the car I had been dreaming about since childhood! Thank you very much!

I wish everybody not just to read about the ISTS but I wish that they would experience the seminar for themselves and understand just exactly how I am feeling!

Thank you to Eric Shishido, the coordinator and Rev. Hiei Ando and the other ministers who delivered such powerful lectures, and to all the trainees who were so supportive and enthusiastic. Thank you to my husband for introducing me to Seicho-No-Ie. Thank you very much!

*Ildiko Biro Carvalho*

I am so thankful to have had ISTS come to Denver. I would like to thank Rev. Sugawara who suggested having ISTS in Denver, Colorado. It was wonderful!

I think that the people who attended the ISTS were all gentle and enthusiastic people. I was overwhelmed by the passion and eagerness of one lady from Brazil who said, "My hobby is to propagate the teachings of Seicho-No-Ie." It certainly has inspired me to study more and more so that I, too, can say those words. I will never forget them. I thank all the wonderful lectures given by the lead-

ers. I felt such power coming forth when everyone repeated, "I am a child of God." There was so much joy and happiness!

I will continue to propagate the teachings by not depending on others, by not complaining and by not forgetting to be grateful!

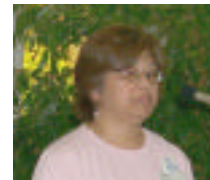
Thank you very much!

*Akemi Lewallen*

Denver Colorado ISTS Coordinator



### I will cherish the memories



Thank you very much! Thank you very much! Thank you very much! To my Seicho-No-Ie family I give my heartfelt gratitude for all your prayers, support, words of encouragement and wisdom. To my Gardena, Hawaii, and Orange County families, thank you very, very much for the opportunity to attend the 25th ISTS in Denver, Colorado. It was my very first ISTS and visit to Denver. I will cherish it with fond memories. One of the lectures was about light, time and place which was important for me to hear. I always believed that things happen for a reason and there is a time and place for everything. I realized at ISTS what I've been feeling for a very long

time. I have always left my life and my son's life in God's hands. I thank God daily for letting us live another day. I ask Him to guide us, show us and teach us the way to inner peace and enlightenment. ISTS helped me in receiving my answer to my prayers especially the counselling session I had with Rev. Hiei Ando on Saturday afternoon. He helped me to understand and gave me answers to my many questions that I had been carrying around with me for years. I know that God had a reason for sending the wind on the night of the Candlelight Ceremony. During the "candleless" ceremony and Mind Purification ceremony, I saw many visions which have helped me in deciding what my future should be. I'm also grateful to my son Chris who introduced me to his basketball coach who has helped me with my medical condition and I would not have seen the Seicho-No-Ie calendar

*(continued on page 7)*

(Continued from page 1) There were powerful testimonies made during this seminar and the trainees involved really felt the purification of their mind, body, and spirit. They confessed later that it was a wonderful cleansing process that had taken place.

Interspersed with the teachings were the wonderful sounds of voices singing the SNI songs led by Rev. Leslie Iwatani. The Regional Lecturers provided the perfect follow-up for the leaders when they led in chanting, "My True Image is perfect and harmonious" and "Thank you very much" and spoke about "Forgiveness" and "Good Words".



The joy of singing

Thanks to all the Colorado members who were so gracious and made everyone feel so welcome. We wish them much success in the years to come. The 25th ISTS was surely a "booster shot" for repeaters and definitely, a terrific learning session for the newcomers. Overheard was this comment, "Coming to



Candleless Candle Light Ceremony

ISTS has confirmed my conviction that SNI is the best spiritual path for me and it has made me want to do more promotion for SNI when I get home." WOW!!!!

And so it was, that the 25th International Spiritual Training Seminar came to a close on Sunday, July 22nd. What a success story!!!

(Special to the SNI ISTC Newsletter)

*Nana I shii*

President, SNI Canada



First timers at the seminar. l to r: Junko Kojima, Ian Puolju, and Lauren Krolicki all three from Denver, Colorado



Walking to the dining room for breakfast.



My name is Willy Paine and I am from Seattle. I have been active in Seicho-No-Ie since December 1999 and I found SNI through www.sni-truth.org web site that included online Holy Sutra.

When I was about the age of three, my mother told me that I was deaf since birth and I was surprised about that. Only two years ago I had cochlear implant surgery that has 22 thin wires inserted inside the cochlear. I can hear everything right now, but I am still learning to understand the words. With Shinsokan and prayers, my ability to listen has gotten so much better. Often I don't even think about being deaf or lacking in anything.

I retired from Microsoft three years ago after working there for nine years as a software test engineer. Because of my new hearing I have volunteered to work in four high school math classes each day, three times a week. I also teach at the third and sixth grade classes twice a week. Teaching keeps me really busy on listening to others. I enjoy working with young people and the kids are so happy with me. Everyday I spend a few minutes on Shinsokan and prayers before walking into the classroom. I just visualize smiling students with good motivation in front of me in the classroom. It

works for me, but if I don't do Shinsokan or pray I find that the classes might go crazy!

Since I am on summer break, I decided to go to ISTS in Denver. It was a good way to practice listening to the lectures and spiritual practices like Shinsokan and laughing exercises. I came to listen, learned to be patient, and to think only good thoughts and to look at only the bright side of people and not the dark side. I was rather shy in front of the public but I had quite a bit of spirit, love, and energy to give several testimonies



including showing sign language for the deaf on "thank you very much" and "be happy". All the people at ISTS loved me and liked to watch me smiling with wonderful facial expressions.

During the first couple of days in Denver, I was hot, sweaty, and tired and I felt so heavy and uncomfortable. Sometimes I felt a little sick. I wrote down many subtle negative thoughts that popped out from my mind. Then I prayed and burned my paper through the Mind Purification Ceremony. Suddenly I felt the pressure lift off from my shoulder and neck and I felt much lighter, cooler, and had more energy.

(continued on page 7.)